



Nappy changing

At Stretton Pre-school all children are welcomed, we work with parents and help in the process of toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. To aid this we provide nappy changing facilities and toilet training facilities - we encourage good hygiene practices and encourage children to participate as much as possible. We see this time as an opportunity to learn self-care skills in a supported and non-judgemental way.

Procedures

- Staff have a list of the children in their care who are in nappies or 'pull-ups'; children are changed routinely mid-session (approximately 11am and/or 2pm), or more frequently where necessary.
- We change children in the toilet areas and we make children as comfortable as possible.
- Gloves (due to PPE shortage we can not stipulate a colour at this time) /aprons are worn by staff before changing a soiled nappy and are optional if the nappy is only wet or is dry. The changing mat is anti-bacterial cleaned before each nappy change and after each change.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; and avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically.
- We have 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].
- Equal opportunities legislation is taken into account.

- A Nappy Changing record sheet is completed daily for each room and retained according to the Retention of Records recommendations.

Intimate care - safeguarding children

Mobile phones, cameras and technological devices are not used by children or staff in areas where intimate care is carried out.

If a member of staff has any concerns about physical or behavioural changes in a child's presentation, e.g. marks, bruises, soreness, becoming watchful and wary, freezing, gaze aversion, they will immediately pass their concerns to the Designated Person for child protection in their setting.

Where possible, one-to-one care will be provided unless there is an identified need for having more adults, a second staff member will be usually within sight and sound.

In the event of an allegation being made against a member of staff, volunteer or student, the procedures for Allegations of Abuse (as per the guidance and flow chart) will be followed.

Visits and outings

We have procedures and plans in place for the day-to-day intimate care needs of children, but further consideration and risk assessment may need to be taken in good time before a trip or for an activity.

Useful contacts

Education Safeguarding Team

ecps.general@cambridgeshire.gov.uk

This policy was adopted by

Stretton Pre-School

On

01 November 2022

Date to be reviewed

Annually

Signed on behalf of the provider

E. Greenfield

Name of signatory

Emily Greenfield

Role of signatory

Chair Person